

#### **OSHA Respirator Medical Evaluation Questionnaire**

(Appendix C to Sec. 1910.134)

<u>To the employer</u>: Answers to questions in Section 1, and to question 9 in Section 2 of Part A, do not require a medical examination.

To the employee: Your employer must allow you to answer this questionnaire during normal working hours, or at a time and place that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers, and your employer must tell you how to deliver or send this questionnaire to the health care professional who will review it. Can you read (check one): Yes Part A. Section 1. (Mandatory) The following information must be provided by every employee who has been selected to use any type of respirator (please print) Name (Last, First, MI): Today's date: Age (to nearest year): Gender (circle one): M / F Weight: Height: in. lbs. Phone number (where you can be reached by the health care professional who reviews this questionnaire): ) The best time to phone you at this number: Address: (street) (city) (zip) (state) Job Title & Department: 1. Has your employer told you how to contact the health care professional who will review this questionnaire (circle one): Yes 2. Check the type of respirator you will use (you can check more than one category):

a. N, R, or P disposable respirator (filter-mask, non-cartridge type only).

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		b Other type (for example, half- or full-facepiece type, powered-air purifying, supplied-air, self-contained breathing apparatus).	
3.	Have y	ou worn a respirator (circle one):	Yes No
	If "yes	," what type(s):	
Part A.	. Sectio	n 2. (Mandatory)	
		rrough 9 below must be answered by every employee who has been selected	to use any type of
respira	iloi.		
1.	Do you last mo	currently smoke tobacco, or have you smoked tobacco in the onth?	Yes No
2.	Have y	ou ever had any of the following conditions?	
	a.	Seizures	Yes No
	b.	Diabetes (sugar disease)	Yes No
	с.	Allergic reactions that interfere with your breathing	Yes No
	d.	Claustrophobia (fear of closed-in places)	Yes No
	e.	Trouble smelling odors	Yes No
3.	Have y	ou ever had any of the following pulmonary or lung problems?	
	a.	Asbestosis	Yes No
	b.	Asthma	Yes No
	с.	Chronic bronchitis	Yes No
	d.	Emphysema	Yes No
	e.	Pneumonia	Yes No
	f.	Tuberculosis	Yes No
	g.	Silicosis	Yes No

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	h.	(Appendix C to Sec. 1910.134) Pneumothorax (collapsed lung)	Yes No
	i.	Lung cancer	Yes No
	j.	Broken ribs	Yes No
	k.	Any chest injuries or surgeries	Yes No
	l.	Any other lung problem that you've been told about	Yes No
4.	•	a currently have any of the following symptoms of pulmonary or lness?	
	a.	Shortness of breath	Yes No
	b.	Shortness of breath when walking fast on level ground or walking up a slight hill or incline	Yes No
	c.	Shortness of breath when walking with other people at an ordinary pace on level ground	Yes No
	d.	Have to stop for breath when walking at your own pace on level ground	Yes No
	e.	Shortness of breath when washing or dressing yourself	Yes No
	f.	Shortness of breath that interferes with your job	Yes No
	g.	Coughing that produces phlegm (thick sputum)	Yes No
	h.	Coughing that wakes you early in the morning	Yes No
	i.	Coughing that occurs mostly when you are lying down	Yes No
	j.	Coughing up blood in the last month	Yes No
	k.	Wheezing	Yes No
	l.	Wheezing that interferes with your job	Yes No
	m.	Chest pain when you breathe deeply	Yes No
	n.	Any other symptoms that you think may be related to lung problems	Yes No
5.	Have y	ou ever had any of the following cardiovascular or heart problems?	
	a.	Heart attack	Yes No

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	b.	Stroke	(Appendix C to Sec. 1910.134)	Yes No
	с.	Angina		Yes No
	d.	Heart failure		Yes No
	e.	Swelling in your legs or fee	t (not caused by walking)	Yes No
	f.	Heart arrhythmia (heart bea	ating irregularly)	Yes No
	g.	High blood pressure		Yes No
	h.	Any other heart problem th	at you've been told about	Yes No
6.	Have y	ou ever had any of the follow	ving cardiovascular or heart symptoms?	
	a.	Frequent pain or tightness	in your chest	Yes No
	b.	Pain or tightness in your ch	est during physical activity	Yes No
	с.	Pain or tightness in your ch	est that interferes with your job	Yes No
	d.	In the past two years, have a beat	you noticed your heart skipping or missing	Yes No
	e.	Heartburn or indigestion th	at is not related to eating	Yes No
	f.	Any other symptoms that ye circulation problems	ou think may be related to heart or	Yes No
7.	Do you	currently take medication for	or any of the following problems?	
	a.	Breathing or lung problems	5	Yes No
	b.	Heart trouble		Yes No
	с.	Blood pressure		Yes No
	d.	Seizures		Yes No
8.	If you'\	ve used a respirator, have yo	ou ever had any of the following problems?	Yes No
	(If you	've never used a respirator	, check the following space and go to	
	questi	on 9.)		Yes No
	a.	Eye irritation		Yes No
	b.	Skin allergies or rashes		

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		c. Anxiety	(Appendix C to Sec. 1910.134)	Yes No
		d. General weakness or fatigue	<b>)</b>	Yes No
		e. Any other problem that inter	feres with your use of a respirator	Yes No
9.		uld you like to talk to the health estionnaire about your answers t	care professional who will review this o this questionnaire:	Yes No
Questions 10 to 15 below must be answered by every employee who has been selected to use either a full-facepiece respirator or a self-contained breathing apparatus (SCBA). For employees who have been selected to use other types of respirators, answering these questions is voluntary.				
10.	. Hav	re you ever lost vision in either e	ye (temporarily or permanently)?	Yes No
11.	Do	you currently have any of the foll	owing vision problems?	
	a.	Wear contact lenses		Yes No
	b.	Wear glasses		Yes No
	с.	Color blind		Yes No
	d.	Any other eye or vision problem		Yes No
12.	. Hav	e you ever had an injury to your	ears, including a broken eardrum?	Yes No
13.	. Do	you currently have any of the foll	owing hearing problems?	
	a.	Difficulty hearing		Yes No
	b.	Wear a hearing aid		Yes No
	c.	Any other hearing or ear proble	m	Yes No
14.	. Hav	e you ever had a back injury?		Yes No
15.	. Do	you currently have any of the foll	owing musculoskeletal problems?	Yes No
	a.	Weakness in any of your arms, h	nands, legs, or feet	Yes No
	b.	Back pain		Yes No
	с.	Difficulty fully moving your arms	and legs	Yes No

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d.	(Appendix C to Sec. 1910.134) Pain or stiffness when you lean forward	Yes No
e.	Difficulty fully moving your head up or down	Yes No
f.	Difficulty fully moving your head side to side	Yes No
g.	Difficulty bending at your knees	Yes No
h.	Difficulty squatting to the ground	Yes No
i.	Climbing a flight of stairs or ladder carrying more than 25-lbs.	Yes No
j.	Any other muscle or skeletal problem that interferes with using a respirator	Yes No
Signature	of employee:	Date: